



Preschool - January 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day ----- School Closed	2 New Years Break ----- School Closed	3
4 THEME: Artic Animals Number: Ten, 10 Letter: Hh Sight Words: be, the Shape: Cube	5 What are Artic Animals	6 Polar Bears ** Music & Motion**	7 Snowy Owl	8 Penguins Wear Light Blue	9 Artic Animal Rescue Show-n-tell begin w/Hh	10 Book of the week: <u>Polar Animal</u> <i>Nursery Rhyme:</i> Snowflake, Snowflake
11 THEME: Ice Number: Eleven, 11 Letter: li Sight Words: it, was Shape: Icicle	12 What is Ice?	13 Igloo ** Music & Motion**	14 Ice Painting Wear white/clear	15 Ice Fishing	16 Ice Skating & Pajama Day & Bring your own Breakfast for lunch!! Show-n-tell begin w/li	17 Book of the week: <u>Five Little Penguins</u> <u>Slipping on Ice</u> <i>Nursery Rhyme:</i> 1,2 Buckle My Shoe
18 THEME: Zoom to Space Number: Twelve, 12 Letter: Zz Sight Words: is, see Shape: Star	19 Martin Luther King, Jr. Day ----- School Closed	20 Blast Off! Wear Purple ** Music & Motion**	21 Astronauts in Training	22 Exploring Planets	23 Stars & Moon Show-n-tell begin w/Zz	24 Book of the week: <u>There is No Place</u> <u>Like Space</u> <i>Nursery Rhyme:</i> Twinkle, Twinkle
25 THEME: Landed on the Moon Number: thirteen, 13 Letter: Mm Sight Words: at, a Shape: Semi-Circle	26 Rockets Wear Gray	27 Asteroid Toss ** Music & Motion**	28 Moon Rocks	29 Constellations	30 Fizzing Moon Show-n-tell begin w/Mm	<i>Book of the week:</i> <u>Pete the Cat Out of</u> <u>This World</u> <i>Nursery Rhyme:</i> <u>5 Little Astronauts</u>

Curriculum Write Up!

Creative Curriculum – Exercise Study – 4 weeks long

Exploring the topic: What do we know about exercise? What do we want to find out?

Week 1 – Objective: What are different kinds of exercise?

Book: Things I Like Doing

Week 2 – Objective: How do our bodies work when we exercise?

Book: From Head to Toe

Week 3 – Objective: What do our bodies need in order to move and exercise?

Book: Ninja, Ninja, Never Stop!

Week 4 – Objective: What jobs are related to exercise?

Book: “Slowly, Slowly, Slowly,” said the Sloth

Summary: This month we will be doing a study all about exercise! Young children are constantly on the move which makes this study so exciting and enjoyable to learn about. We will be trying many different types of exercise, finding how our bodies work and move, and learning how we can take care of and fuel our bodies to move and exercise. This study will largely focus on physical development, but also include science, literacy, and math as well.